# COVID-19 RESPONSE FLASH UPDATE NO. 2

as of August 13, 2020





















### WHERE WE WORK











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## **VULNERABLE POPULATIONS** THAT WE ASSIST:

People suffering from chronic diseases, undernutrition due to food insecurity, lower immunity, and certain disabilities.

Internally displaced persons (IDPs) affected by conflict or disasters in Mindanao, informal settlers, the elderly, persons with disabilities, and marginalized groups.

Children or family members who've lost or are separated from their primary caregivers due to quarantine or confinement measures.

Women and girls who have to abide by socio-cultural norms that require the authorization of a male family member to seek healthcare and receive appropriate treatments.

People who have lost their income. Daily workers, small-scale agricultural producers. petty traders and similar groups in the informal sector who cannot access their workplace, land, or markets due to lockdowns and community quarantine.









#### #REALLIFEHEROES

Rosario Jarina, 52 years old, did not let tragedy stop her from helping. Her family lost their home when a series of earthquakes affected Barangay Bongolanon, Magpet Municipality, North Cotabato Province last October 2019. Forced to live in an evacuation center, she saw that a lot of people in her community needed support to cope with the disaster that they collectively experienced. She volunteered to be part of the National Nutrition Council's Barangay Nutrition Scholar (BNS) Program, serving her community by monitoring malnourished children and organizing nutrition activities.

With her community just recovering came another emergency: the COVID-19 pandemic.

Overlapping crises can bring about severe psychosocial consequences. Recovery from emotional wounds sometimes take longer than overcoming material losses.



As a volunteer, I can be of help to others through what I've learned in this training, especially on their mental state. I can comfort them and tell them that during calamities, there are those willing to

Thank you for the great help through providing knowledge and realizations on Mental Health and **Psychosocial Support.**"

To help Rosario's barangay and other communities that experienced similar challenges, Action Against Hunger initiated trainings for community volunteers to build their capacity in helping their community members cope better with a difficult situation. Rosario, along with 39 other volunteers, participated in the training entitled "Mental Health and Psychosocial Support Services, Gender-Based Violence, Protection and Referral Pathways for Community Volunteers" last July 23 to 24, 2020.



### **DONORS**

















